

EcoFaith Recovery

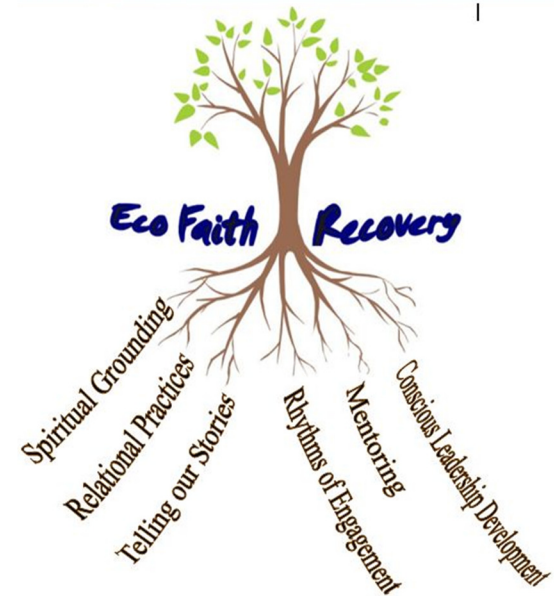
Practices Reflection Guide

A personal journal to accompany the
The Little Booklet of EcoFaith Recovery

Name:

Date:

Place:



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What intentions would you like to set for yourself, and what support would you like to request of others? What support might you like to extend to others?

What kind of support would you need to engage in the *Practices* in any of the ways you have just identified. Be as specific as possible.

As you read the EcoFaith Recovery statements of identity and purpose on Page 2 of the *Practices for Awakening Leadership Brochure*, what words or phrases connect with your own longing or your reasons for connecting with EcoFaith Recovery or its *Practices*?

As you review the sample meeting format on page 14, can you imagine a way in which incorporating some or all of these *Practices* into an existing or new group you are part of could have a positive impact upon the leadership development of your own community as well as yourself?

Pages 4 and 5 address the question “Why do we engage with others in the *Practices for Awakening Leadership*.” Which of them do you most identify with and why?

5) Mentoring



6) Conscious Leadership Development

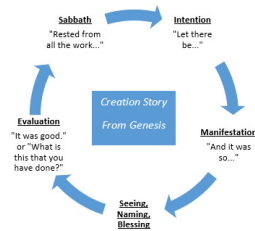


3) Telling our Stories



Pages 6—9 describe the difference between a destructive relationship with power and a more spiritually healthy relationship to power. Where have you experienced destructive uses of power?

4) Rhythms of Engagement



Where or when have you experienced God’s Shalom as “a wholistic flourishing of life characterized by justice, peace and the integrity of creation.”

How would you describe your relationship to the concepts or practice of “power” and “leadership” at this stage of your life?

What does it (or would it) mean to you to think of yourself as a leader in recovery and/or somebody recovering a healthy relationship to power?

If you were to choose one dimension of each of the six *Practices for Awakening Leadership* that would help you claim your right use of spiritual/relational power for the recovery of human life and the healing of God’s creation, what one aspect of each of the six *Practices* might that be and why?

1) Spiritual Grounding



2) Relational Practices



If your community of faith were steeped in these *Practices* and able to support you and others in engaging them in the personal, interpersonal, community and public arenas, what difference would that make in your life? Why?

As you review the *Practices*, as they are described on pages 10—15, what questions do you have?

As you review the *Practices*, which of them stir up the most energy, imagination or longing within you and why?

**When have you ever experienced one or more of these *Practices* at work in your life, and what difference did it make?
Be as specific as possible.**

**How do you imagine your present or future faith community might be different as a result of engagement with these practices?
Be as specific as possible.**