

# Heal Our Planet Earth



St Luke Lutheran Church  
4595 SW California St  
Wednesday October 21  
Potluck at 6:00 PM  
Meeting 6:30 – 8:00 PM

## Active Hope Presentation by Barbara Ford

Barbara is a local Portland artist, singer, and student of Joanna Macy, a scholar of Buddhism, systems theory and deep ecology. Joanna Macy and Chris Johnstone wrote the book entitled: [Active Hope, How to Face the Mess We're in without going Crazy](#). All of us who understand the depth of the issues around climate change and social justice could benefit from this presentation. Quoting from Joanna Macy:

*"Active Hope is a practice. Like tai chi or gardening, it is something we do rather than have. It is a process we can apply to any situation, and it involves three key steps. First, we take in a clear view of reality; second, we identify what we hope for in terms of the direction we'd like things to move in or the values we'd like to see expressed; and third, we take steps to move ourselves or our situation in that direction."*

We hope that you will be able to join us. This meeting is open to all.

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