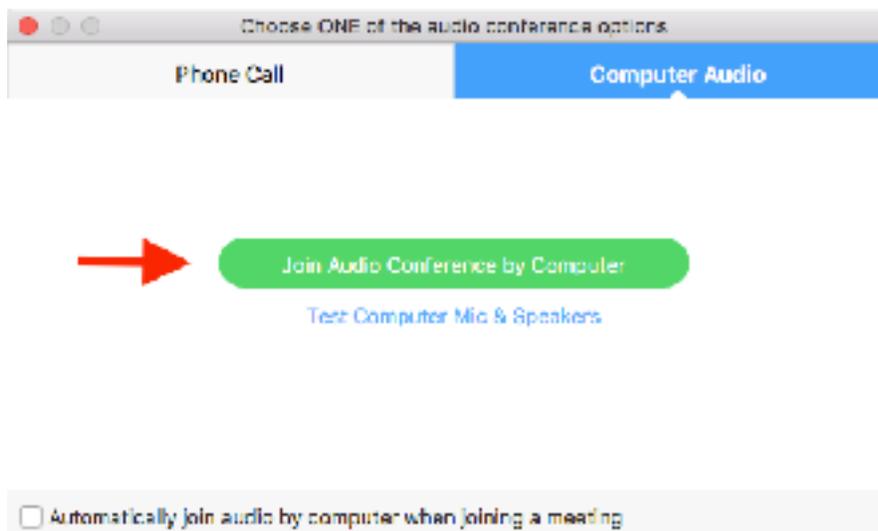


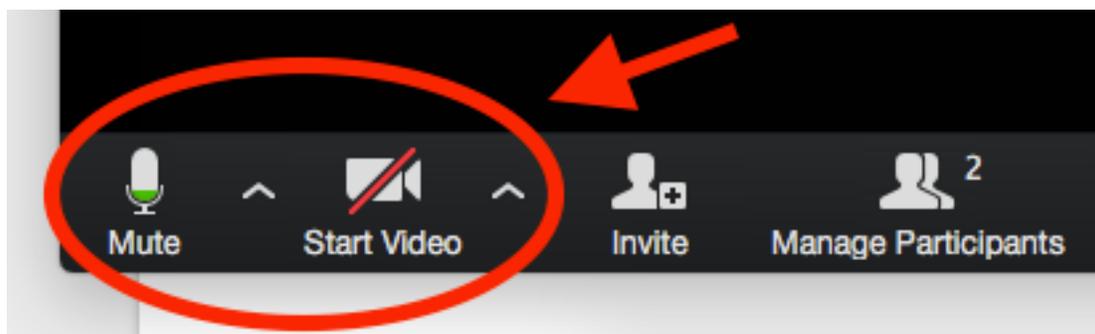


1. **Zoom will download when you click on the link to join your first meeting.** Therefore, if you are not downloading prior to your first meeting, please join your meeting a few minutes early so that you have time for the download. If you would like to download the application prior to your meeting, please visit: <https://zoom.us/download>
2. **You can join meetings three ways:**
  1. Click on the emailed link.
  2. Join the meeting via telephone by the emailed number.
  3. From the application, click the “Join” button and enter the number sequence at the end of the emailed link (your “meeting ID”)
    1. For example: If the emailed link is “https://zoom.us/j/413454275”, then the meeting ID is “413 454 275”
3. When you first join a meeting, **make sure to click the green button.**

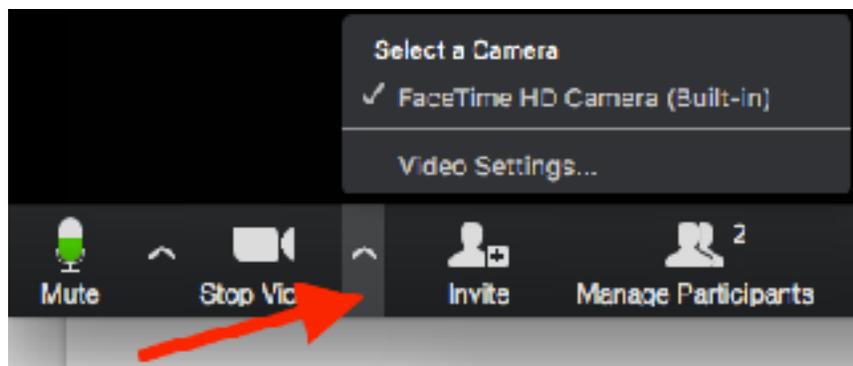
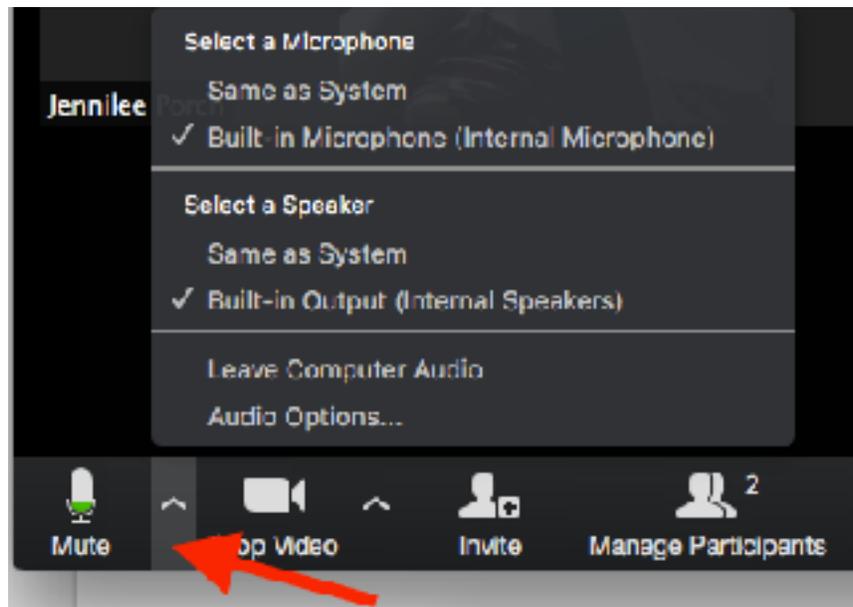


You can also click the box at the bottom to automatically join meetings.

4. Your video will be muted by default, so **click the video button to engage your camera.**



5. You can control your audio and video settings from the bottom buttons. If you are having trouble being heard or seen, click on the buttons just to the right of the mic and camera icon/button.



**If you have any questions or want to set up a demo meeting, please contact Jennilee at [Office@EcoFaithRecovery.org](mailto:Office@EcoFaithRecovery.org).**