



ECOFAITH RECOVERY

For the Recovery of
Human Life and
the Healing of God's
Creation

www.EcoFaithRecovery.org

The Practices for Awakening Leadership Artwork Reflection Guide

Tips: This guide can be used in many ways, either in a group or alone. One option is to journal about one art piece per day for a week. This guide can also be used in a group or in a mentorship relationship, as a way to introduce one *Practice* per meeting.

Artwork created by EcoFaith Intern Coordinator **Sarah Holst**, with help from the 2017 EcoFaith Intern Cohort.

To learn more about *The Practices for Awakening Leadership* please visit:
<http://www.ecofaithrecovery.org/practices/>



- What kinds of things do you see in this work of art? What else do you see?
- How would you describe the lines in this work of art? The shapes? The colors? What does this work of art show?
- What interests you most about this work of art?
- What can you tell me about how this person lives? How did you arrive at that idea?
- What do you think is happening in this work of art? What else could be happening?
- Pretend you are inside this work of art. What does it feel like?
- What do you think is worth remembering about this work of art?
- This picture is a visual representation of *Practice #1: ACCESS Spiritual Power* - *Consciously connect with the indwelling God to rediscover our belovedness, our God-given power, and our place within God's evolving universe.* How do you see "ACCESS Spiritual Power" represented in this artwork?



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- This picture is a visual representation of *Practice #2: DEVELOP Relationships* - *Consciously awaken the power-among that arises when we engage in authentic conversation and relationship.* How do you see “DEVELOP Relationships” represented in this artwork?



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- This picture is a visual representation of *Practice #3: DISCOVER Our Stories* - *Consciously recognize the power of God's presence at work within our lived experience, the lives of others, and the stories of the places we live.* How do you see "DISCOVER Our Stories" represented in this artwork?



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- This picture is a visual representation of *Practice #4: MENTOR One Another* - *Consciously draw out the gifts, wisdom and life-giving power of others, and share our own, by mentoring and being mentored.* How do you see "MENTOR One Another" represented in this artwork?



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- This picture is a visual representation of *Practice #5: ACT Together* - *Consciously engage the power of collective action, in the service of God's healing and justice-seeking work for human communities and the whole creation.* How do you see "ACT Together" represented in this artwork?



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- This picture is a visual representation of *Practice #6: REFLECT On Our Actions* - *Consciously reflect upon and evaluate our actions and the ways we use power, in order to learn and grow into mature and courageous leaders.* How do you see “REFLECT On Our Actions” represented in this artwork?



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- This picture is a visual representation of *Practice #7: RESTORE Balance* - *Consciously re-align our lives with the sacred and natural rhythms of Life expressed through the whole of God's creation.* How do you see "RESTORE Balance" represented in this artwork?

The Practices for Awakening Leadership Overview

1. ACCESS Spiritual Power	Consciously connect with the indwelling God to rediscover our belovedness, our God-given power, and our place within God's evolving universe.
2. DEVELOP Relationships	Consciously awaken the power-among that arises when we engage in authentic conversation and relationship.
3. DISCOVER Our Stories	Consciously recognize the power of God's presence at work within our lived experience, the lives of others, and the stories of the places we live.
4. MENTOR One Another	Consciously draw out the gifts, wisdom and life-giving power of others, and share our own, by mentoring and being mentored.
5. ACT Together	Consciously engage the power of collective action, in the service of God's healing and justice-seeking work for human communities and the whole creation.
6. REFLECT On Our Actions	Consciously reflect upon and evaluate our actions and the ways we use power, in order to learn and grow into mature and courageous leaders.
7. RESTORE Balance	Consciously re-align our lives with the sacred and natural rhythms of Life expressed through the whole of God's creation.

Each *Practice* has four dimensions that describe how we engage with these *Practices* personally, interpersonally, communally, and in the public sphere.